

**TRAINING ACTIVITY**  
**“ACCEPTING OTHERS”**  
**ASSESSMENT**

**ACTIVITY DESCRIPTION**

Learners will be instructed to complete the “Accepting Others” handout, indicating their comfort level concerning each of the people listed.

**Instructions:**

- ?? Provide the “Accepting Others” handout.
- ?? Advise the learners they will have 3-5 minutes to complete the form. (Timed activity will force learners go with their gut feelings and not give too much thought to the topic.)
- ?? When complete, facilitate discussion on the results of how some learners view themselves.
- ?? Follow up with discussion about how those viewpoints can be changed and why they should be changed.

**KEY LEARNING POINTS**

This activity will challenge the learner to evaluate their own ability to accept others, learn and value acceptance, and evaluate ways that change can take place.

**VARIATIONS**

?? None

**RESOURCES NEEDED**

- ?? “Accepting Others” assessment (example attached).
- ?? Writing instruments.
- ?? Time: 15 minutes.

**SOURCE**

Unknown

## ACCEPTING OTHERS

Directions: Circle the number from the Comfort / Acceptable scale that best describes your feeling and attitude regarding each of the people listed below.

- 1 = Most comfortable / accepting
- 2 = Fairly comfortable / fairly accepting
- 3 = Neutral / no opinion
- 4 = Fairly uncomfortable / fairly unaccepting
- 5 = Very uncomfortable / unaccepting

- |     |                       |   |   |   |   |   |     |                  |   |   |   |   |   |
|-----|-----------------------|---|---|---|---|---|-----|------------------|---|---|---|---|---|
| 1.  | Neo Nazi              | 1 | 2 | 3 | 4 | 5 | 2.  | Marine           | 1 | 2 | 3 | 4 | 5 |
| 3.  | Hetero sexual         | 1 | 2 | 3 | 4 | 5 | 4.  | Police Officer   | 1 | 2 | 3 | 4 | 5 |
| 5.  | African-American      | 1 | 2 | 3 | 4 | 5 | 6.  | KKK Member       | 1 | 2 | 3 | 4 | 5 |
| 7.  | Wife abuser           | 1 | 2 | 3 | 4 | 5 | 8.  | Paraplegic       | 1 | 2 | 3 | 4 | 5 |
| 9.  | Senile Elderly Person | 1 | 2 | 3 | 4 | 5 | 10. | Blind Person     | 1 | 2 | 3 | 4 | 5 |
| 11. | Mentally Retarded     | 1 | 2 | 3 | 4 | 5 | 12. | Atheist          | 1 | 2 | 3 | 4 | 5 |
| 13. | Catholic              | 1 | 2 | 3 | 4 | 5 | 14. | Iraqi            | 1 | 2 | 3 | 4 | 5 |
| 15. | Jewish                | 1 | 2 | 3 | 4 | 5 | 16. | Communist        | 1 | 2 | 3 | 4 | 5 |
| 17. | Black Muslim          | 1 | 2 | 3 | 4 | 5 | 18. | Asian American   | 1 | 2 | 3 | 4 | 5 |
| 19. | Italian               | 1 | 2 | 3 | 4 | 5 | 20. | Vietnamese       | 1 | 2 | 3 | 4 | 5 |
| 21. | Prostitute            | 1 | 2 | 3 | 4 | 5 | 22. | Person with Aids | 1 | 2 | 3 | 4 | 5 |
| 23. | Homosexual            | 1 | 2 | 3 | 4 | 5 | 24. | Radical Feminist | 1 | 2 | 3 | 4 | 5 |
| 25. | Politician            | 1 | 2 | 3 | 4 | 5 | 26. | Millionaire      | 1 | 2 | 3 | 4 | 5 |
| 27. | Ex-Convict            | 1 | 2 | 3 | 4 | 5 | 28. | Homeless         | 1 | 2 | 3 | 4 | 5 |
| 29. | Illegal Alien         | 1 | 2 | 3 | 4 | 5 | 30. | Native American  | 1 | 2 | 3 | 4 | 5 |